



Allied Health Professional Day ***SYMPOSIUM***

Welcome Pack

Monday 14th October 2024

Postgraduate Centre, Oxford Road Campus, 08.30-16.30

Celebrating MFT AHPs





Contents

03	Introduction
04	Agenda
06	Keynote Speaker – Dame Sarah Story DBE
07	Podium & Poster Presentations
12	Market Stall / Exhibitors
12	Acknowledgements



Introduction

Welcome to the first MFT AHP Day Symposium to celebrate National AHP Day.

We are delighted to livestream the national welcome address by the NHSE Chief AHP officer Suzanne Raistrick and our Keynote Speaker Dame Sarah Storey, DBE. Colleagues who are unable to attend in person can join remotely using the links below:

[Click here for Chief Allied Health Professions Officer, Professor Suzanne Raistrick's live address at 9:30am.](#)

[Click here for afternoon.](#)

Over the course of the day, you will have the opportunity to hear from our inspiring presenters, ask questions, visit the poster exhibition and network with the wider MFT AHP community.

We will close the day with a prize for the best poster and presenter.

In this pack you will find an agenda for the day, keynote speaker biography, marketplace exhibitors along with authors and titles of the posters and presentations. You will also find information how to vote for your favourite poster.

Thank you for taking the time to attend the symposium, we hope you enjoy your day. Please share your photos using our X (formally known as Twitter) handles:

@MFT_CSSAHPs

@LCO_AHPs

@MFT_Imaging

@ManchesterREH

@MFTChiefAHP



Agenda

- 08.00 – 08.50 **Registration & Exhibition:** Debbie Loughhead / Rhiannon Cole / Caroline Clegg
- 08.50 – 09.00 **Welcome & Housekeeping:** Justine Theaker / Laura O'Shea
(No test alarms planned, so any alarm would be real)
- 09.00 – 09.30 **Workforce Development Presentation:** Naheed Ahmed / Elizabeth Evans / Diane Reid
- 09.30 – 09.45 **NHSE CAHPO Address:** Suzanne Rastrick
- 09.45 – 10.30 **Workforce Development Q&A Panel:** Naheed Ahmed / Elizabeth Evans / Diane Reid
(Including AHP people promise / Civility / Preceptorship)
- 10.30 – 10.45 **Break:** Poster Viewing & Exhibition
- 10.45 – 11.00 **Quality Improvement Team**
- 11.00 – 11.15 **Audit:** Dani Magalhaes
- 11.15 – 11.20 **Quality Improvement & Audit Q&A:** Laura O'Shea
- 11.20 – 12.10 **Presentations & Q&A:**
- Meeting the demand for dietary interventions for irritable bowel syndrome: Are remote virtual group clinics the answer? – Anna Lazaro
 - 120 Days later...Are hip fractures patients returning to their pre-admission level of function? – James Crompton
 - Robotics: How do we start to introduce technological advances to inpatient stroke rehabilitation: A two-month trial ROBERT® to determine staff and patient experience – Jennifer Harrison
 - Hospital-based or Home-Based Physiotherapy after Primary Total Hip Replacement – Lisa Fitzgerald
 - Q&A – Laura O'Shea
- 12.10 – 12.30 **MFT CAHP Address:** Helen Roberts
- 12.30 – 13.30 **Lunch:** Poster Viewing & Exhibition
- 13.30 – 14:00 **Digital Innovation:** Tom Grimson
- 14.00 – 15.00 **Keynote Speaker Dame Sarah Storey DBE & Q&A:** Justine Theaker introducing



Agenda

15.00 – 15.15 **Break:** Poster Viewing & Exhibition

15.15 – 16.00 **Presentations & Q&A:**

- Introduction to research, launch MFT Research strategy and appraisal tool – Justine Theaker
- Functional Electrical Stimulation in Stroke Upper Limb Rehabilitation – Melanie Charmer
- Safety and effectiveness of continuous low energy diets (CLED) and intermittent low energy diets (ILED) on changes in weight and HbA1c in patients with Type 1 Diabetes (T1D) and overweight or obesity: findings from MIDDAS-Type 1 randomized feasibility study – Pei Hong Tan
- Does a targeted intervention support early communication development for children under 2 years old with social communication difficulties? An efficacy study of the ECHO program – Sarah Cameron
- Q&A – Justine Theaker

16.00 – 16.10 **Prize Voting & Prize Giving:** Justine Theaker / Laura O'Shea

16.10 – 16.20 **Feedback on Mentimeter:** Justine Theaker

16.20 – 16.30 **Close:** Laura O'Shea



Keynote Speaker

Dame Sarah Story DBE

Dame Sarah Storey is Greater Manchester's Active Travel Commissioner where she leads the mission to enable more people to walk wheel and cycle.

On behalf of the mayor, and alongside Transport Commissioner Vernon Everitt, she's set five key priorities to ensure walking wheeling and cycling are safe and enjoyable for all, and at the heart of the integrated Bee Network.

She is also a Non-Executive Director at the Department for Transport.

Alongside these public roles – she is a record-breaking elite athlete and one of the most-decorated Paralympians of all time, having competed in nine consecutive Games since she went to her first in Barcelona as a swimmer aged 14 in 1992.

Following her double cycling gold this summer at the Paris Games 32 years on, she now has 30 Paralympic medals in total – 19 of them Golds.

Aside from competing, Sarah is also the current President of Lancashire County Cricket Club and a visiting Professor at Manchester Metropolitan University's Institute of Sport where she is part of a research programme on athletes and the menopause.

As well as being an everyday cyclist, Sarah is a mum of two who regularly walks and cycles with her family (husband Barney and children Louisa and Charlie), where they live on the edge of Stockport.





Podium & Poster Presentations

We need your Vote.

Please click the QR Code or scan it with the camera app on your phone to vote for your favourite poster.



Highlighted Abstracts below indicate that the poster is also a podium presentation.

Abstract Number	Poster Title	Lead Author	MCS
Audit 01	Meeting the demand for dietary interventions for irritable bowel syndrome: Are remote virtual group clinics the answer?	Anna Lazaro	WTWA
Audit 02	An Audit of a new Physiotherapy Pre and Post Operative Service for Mesh Removal Surgery	Emily Wyley	CSS
Audit 03	St Mary's Hospital OASI pathway audit	Louise Rigby	CSS
Audit 04	Assessing the impact of changing standard operating procedure and increased staffing has had on compliance with GPICs standards	Thomas Bamberger	CSS
QI 01	A quality improvement project to increase the percentage of Friends and Family Test completed in community MSK service	Aanal Shah	LCO
QI 04	Patient Experiences Following DIEP Breast Reconstruction and The Implementation of a Prehabilitation Programme for this Patient Group	Annabel Alen	CSS
QI 05	"Better conversations" Transforming early intervention for children 0-5 with speech, language & communication needs	Beth Evans	LCO
QI 06	Early Mobilisation for Elective Hip and Knee Arthroplasty Patients	Caitlin Phillips	CSS
QI 08	A literature review and quality improvement project to explore pain management resources and treatment in alternative languages	Claire Bamber	CSS
QI 09	Improving community dietetic clinics for the patients and the dietitians	Elizabeth McCreery	LCO
QI 10	Patient Focus Group	Elizabeth Riley	CSS
QI 11	SLT at the Front Door	Elizabeth Walkden	CSS



Podium & Poster Presentations

Highlighted Abstracts below indicate that the poster is also a podium presentation.

Abstract Number	Poster Title	Lead Author	MCS
QI 13	Enhancing and Evolving the Care offered by the Late-Stage Shoulder Rehabilitation class at Trafford General Hospital – A Service review and Quality Improvement Project	Emma Matthews	CSS
QI 14	A case-study exploring the impact that therapy-led Lung Ultrasound Scanning can have on time taken to wean a patient from mechanical ventilation	Gareth Tantram	CSS
QI 15	120 Days later...Are hip fractures patients returning to their pre-admission level of function?	Janine Foerster presenting on behalf of James Crompton	CSS
QI 16	Developing the AHP Support Workforce at MFT	Janet Mitchell	WTWA
QI 17	Implementation of the use of PURPOSE T for identifying risk and preventing pressure damage for AHP's in South MLCO Integrated Community Rehabilitation Services (ICRS)	Jennifer Dunn	LCO
QI 18	Robotics: How do we start to introduce technological advances to inpatient stroke rehabilitation: A two-month trial ROBERT® to determine staff and patient experience	Jennifer Harrison	CSS
QI 19	Summary of outcomes following the establishment of the 'walking aid returns task and finish group'	Jennifer Heneghan	CSS
QI 20	HandsFirst Collaborative: How to reduce time for intervention following hand injuries to meet national "best practice" standards	Karen Redvers-Chubb	CSS
QI 21	Developing the role of "Foot Care Champions" – An education programme for nursing staff to improve foot care across the inpatient setting	Kelly Hayes	LCO
QI 22	Responding to updated RCP guidelines collaboratively. How two Stroke Units worked together and shared resources to respond to updated National Clinical Guidelines for Stroke	Lisa Barry	CSS
QI 23	Hospital-based or Home-Based Physiotherapy after Primary Total Hip Replacement	Lisa Fitzgerald	CSS
QI 25	Understanding health literacy in critical care survivors on step down from critical care using the BRIEF health literacy screening tool	Martha Deakin	CSS
QI 26	Professional Excellence – IQP: Use of innovative equipment to enhance quality and delivery of bespoke cognitive rehabilitation on the Stroke Rehab Unit at MRI	Melanie Edwards	CSS
QI 29	Nutrition and Dietetic Patient Outcomes in Paediatric Haematology and Oncology	Nicola Williams	CSS
QI 30	A 'Golden Patient' approach to administering analgesia for Hip Fracture patients on the first post-operative day	Peter Eckersley	CSS



Podium & Poster Presentations

Highlighted Abstracts below indicate that the poster is also a podium presentation.

Abstract Number	Poster Title	Lead Author	MCS
QI 31	Improving the Population Health of South Manchester	Philippa Norris	LCO
QI 32	A Quality Improvement project on reducing our paediatric dietetic general clinic waiting times from 4 months to 4 weeks	Rachel Wood	CSS
QI 33	MSK-HQ completion in MSK physiotherapy outpatients	Robert Proctor	CSS
QI 34	How an Integrated Community Rehabilitation Service reduced waiting times through improved efficiencies, whilst managing a 20% increase in referrals to the service in a 12-month period. A process mapping approach	Sarah Lowe	LCO
QI 35	Trialing the use of Advanced Clinical Practitioners (ACPs) in reducing the waiting time for Physiotherapy New patient appointments	Megan Meanwell (Sophie King)	Wythenshawe
QI 36	Why is fluid balance charting poor? A walkthrough analysis report on the colorectal surgical ward	Sophie Peirson	CSS
QI 37	The benefits of digitisation as seen in a Community Respiratory Team	Thomas James	Wythenshawe
QI 38	Supporting sexual and reproductive health in people with cystic fibrosis – A multidisciplinary approach	Victoria Kendall / Wendy Foo	Wythenshawe
QI 39	Peripheral arterial disease made easy! Moving towards standardised capabilities and confidence in brief vascular assessment and safe proactive decision making for all people on community podiatry and nurse caseloads in Manchester and Trafford	Susan Mathews	LCO
QI 40	The design and implementation of a minor injuries guide and direct discharges of simple fractures, for use by clinicians working in the Emergency Department (ED) and Urgent Treatment Centre (UTC) and by the Trauma and Orthopaedic (T&O) on-call team	Fiona Williams	CSS
Research 01	Barriers and Facilitators to Allied Health Professional senior leadership progression within healthcare organisations: A systematised review	Diane Reid	CSS
Research 02	Does early Botulinum Toxin (BoTN/A) administration lead to improved levels of spasticity and functional outcomes in the Neurologically Impaired Adult. A literature review	Joe Deighton	CSS
Research 03	A systematic review of the effect of Elexacaftor / Tezacaftor / Ivacaftor on body composition	Laura Kinsey	Wythenshawe
Research 04	Functional Electrical Stimulation in Stroke Upper Limb Rehabilitation	Melanie Charmer	LCO
Research 05	Developing evidence based weight loss services for a high risk breast cancer service	Michelle Harvie	CSS
Research 06	Safety and effectiveness of continuous low energy diets (CLED) and intermittent low energy diets (ILED) on changes in weight and HbA1c in patients with Type 1 Diabetes (T1D) and overweight or obesity: findings from MIDDAS-Type 1 randomized feasibility study	Pei Hong Tan	Wythenshawe



Podium & Poster Presentations

Highlighted Abstracts below indicate that the poster is also a podium presentation.

Abstract Number	Poster Title	Lead Author	MCS
Research 07	Does a targeted intervention support early communication development for children under 2 years old with social communication difficulties? An efficacy study of the ECHO program	Sarah Cameron	LCO
Research 08	Low – LOFMAP carbohydrate loading in endurance and ultra-endurance and its relationships with gastrointestinal issues	Zoe Pegram	Wythenshawe
SD 01	Working together to overcome a fear of talking – A service development project in Trafford Speech and Language Therapy	Abigail Alsop	LCO
SD 02	Evaluation of Wound Cleansing Solutions using a Fluorescence Imaging Device	Beth Williams	LCO
SD 04	“The outcome would not have been the same” – Multidisciplinary team experience of the role of occupational therapy in a cystic fibrosis unit	Janet Mitchell	Wythenshawe
SD 06	Implementing the NHS England Multi Grip hand Policy – Specialised Ability Centre Manchester's experience	Karen Milnes	CSS
SD 07	Exploring the impact of HAVEN (Hearing, Accepting, Valuing Every Neurotype): A new intervention for neurodivergent students within Secondary School settings to provide opportunities and support for positive social interactions, relationships and experiences at school	Katy Baldwin	LCO
SD 08	A pilot of the Cystic fibrosis Eating Attitudes and behaviours tool at Manchester Adult Cystic Fibrosis Centre	Laura Kinsey	Wythenshawe
SD 09	Digital Allied Health Professionals (AHPs) collaborate across site & professions to develop innovative digital workflows within the Electronic Patient Record (EPR) system (Hive) that improve user efficiency and patient care	Luise Russell	Trafford House
SD 10	Neonatal Multidisciplinary Infant Feeding Ward Round	Lynette Forsythe	CSS
SD 11	HPB surgical patient engagement with a digital dietary assessment tool	Neil Bibby	CSS
SD 12	A community based exercise group and education programme to promote self-management in patients with established Parkinson's Disease	Olivia Carlyon	LCO
SD 13	Retaining a rehab gym space on an acute trauma ward	Paul Savage	CSS
SD 15	The formation of the Post Covid Rehabilitation Service across Manchester – An example of collaboration and innovation	Rebecca Alcock	LCO
SD 16	A pilot study of a community cardiac rehabilitation programme in Central Manchester for patients who meet the service's eligibility criteria in order to provide an equitable service throughout Manchester	Sara Brown	CSS
SD 17	Exploring the feasibility of group-based vocational rehabilitation for working age stroke survivors with higher level cognitive-communication difficulties: A pilot study	Sarah Allen	LCO



Podium & Poster Presentations

Highlighted Abstracts below indicate that the poster is also a podium presentation.

Abstract Number	Poster Title	Lead Author	MCS
SD 18	The development and implementation of the Moving and Handling Optimisation Team – A multidisciplinary approach to ensuring that care provision is best tailored to the needs of the citizen	Sarah Piercey	LCO
SD 19	Implementing a six day Physiotherapy and Occupational Therapy service on Trafford General Hospital Stroke Rehab Unit	Zoe Barr	CSS
SD 20	Condition Management Group: Developing Service	Caroline Clegg	CSS
SE 01	Nutrition Intervention within Prehab4Cancer service: Patient Experience and Perception	Ahmadrreza Karami	CSS
SE 02	Evaluating the use of opt in letters and text message reminders for attendance to the Community Dietetic clinics	Elizabeth McCreery	LCO
SE 03	Barriers to weighing and measuring patients on Paediatric Intensive Critical Care and High Dependency Unit at The Royal Manchester Childrens Hospital	Gemma Naidoo	CSS
SE 04	Evaluation of virtual school education sessions for children with Metabolic Bone Disorders with Occupational Therapy (OT) and Physiotherapy (PT) needs	Helen Collins	CSS
SE 05	Assessment and Management of Dizziness after Mild Traumatic Brain Injury (TBI) – Case Presentation	Jennifer Korn	LCO
SE 06	Prevalence and predictors of low bone mineral density in adults with Cystic Fibrosis	Laura Kinsey	CSS
SE 07	Development of a Nursing, Midwifery and Allied Health Professional (NMAHP) early career research peer support group at MFT	Laura McGarrigle	LCO
SE 08	Clocking in on Rehab – How much is enough?	Jessica Pottle	CSS
SE 09	Rehab on the map – SROI could bridge the gap!	Laurie Sanders	CSS
SE 10	MSK outpatient services review through MSK-HQ data analysis	Robert Proctor	LCO
SE 12	Service Evaluation to review if oncology patients undergoing liver surgery would benefit from dietetic input before or after surgery	Sarah Jeffrey	CSS
SE 13	The changing landscape of Ketogenic Diet services across the UK and Ireland	Victoria Whiteley	CSS
SE 14	The novel use of bespoke blend of MCT in the management of Glucose Transporter Type 1 Deficiency Syndrome	Victoria Whiteley	CSS
SE 15	Care of People with Inherited and Acquired Haemophilia and Other Bleeding Disorders (IABD): A National Peer Review showcasing innovative and collaborative working in MFT haemophilia physiotherapy care	Caroline Clegg	CSS
	Improving radiation protection methods for mental health patients at risk of multiple radiation exposures	Helen Carroll	Radiology
	The rationale, creation and evaluation of a local training intervention aimed at enhancing competency in paediatric CT imaging	Rebecca Scott	Radiology



Market Stall / Exhibitors

- MFT
- Major Trauma Signposting Partnership
- NSHP
- Library
- CAHPR
- Research Support Service
- NIHR R&D NW / GM CRN – Joanne Simpson (Research Northwest)
- HIVE

NIHR | Applied Research Collaboration
Greater Manchester





Acknowledgements

Dr Justine Theaker, PhD, MSc, MCSP

Consultant Allied Health Professional (Physiotherapy)
Trauma and Major Trauma
CSS Division AHP Research Lead

Laura O'Shea

Head of Allied Health Professions, Manchester and Trafford Local Care Organisations

Helen Roberts

Deputy Director for Allied Health Professions & Associate Director of Transformation and Integration

Victoria Whiteley

Advanced Clinical Practitioner in Ketogenic Therapies
NIHR Pre-Doctoral Fellow
Paediatric Dietetic Student Training Lead

Deborah Loughhead

Advanced Clinical Practitioner in MSK Pain & CSS AHP Communications Group Chair

Davina Shaw

Admin Lead AHP Symposium

Diane Reid

MSK Transformation Clinical Lead and AP
Clinical and Scientific Services, AHP Division
Associate Clinical Fellow in Advanced Clinical Practice

Jennifer Harrison

AHP stroke consultant | Physiotherapist, Manchester University NHS Foundation Trust

Liz Evans

People Promise Manager

Naheed Ahmed

AHP Lead – Workforce and Education



Acknowledgements

Rhiannon Cole

Specialist Physiotherapist, NIHR Clinical Academic

Caroline Clegg

Clinical Lead Rheumatology / Haematology Therapy Team

Jennifer McMahon

Graphic Designer, Patient Services

Maurice McCreesh

Education Campus Manager, Oxford Road Campus

Farah Naqvi

Orthoptist, LCO

Joe Deighton

Advanced Practitioner, TGH

Rachel England

Therapy Services Manager, NMGH

Audio Visual Operational Manager, Oxford Road Campus

Abstract Committee

- | | |
|--------------------|---------------------|
| • Michelle Harvie | • Adam El-Sayed |
| • Julie Davies | • Justine Theaker |
| • Sarah Adcock | • Laura O'Shea |
| • Laura Kinsey | • Tracey Walker |
| • Laura McGarrigle | • Sarah Bradbury |
| • Louise Lee | • Jennifer Harrison |
| • Amy Boyer | • Victoria Whiteley |
| • Alice Fortune | • Rhiannon Cole |
| • Caroline Clegg | • Carly Lawler |



Acknowledgements

Special thank you to our Sponsors:

- Sobi
- Merz Therapeutics
- Ossur
- AbbVie



Sponsors and exhibitors have not influenced the content or programme of events