



CSS Team Brief

We are compassionate and inclusive



We are
compassionate
and **inclusive**



Today

- Welcome and introduce theme
- You said, we did: We are compassionate and inclusive
- Updates
- CSS News
- Highlights
- Team spotlight - Interventional Radiology (IR)
- **Have your say**
- Future Team Brief dates



We are
compassionate
and **inclusive**



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Compassionate and Inclusive Leadership leadership at CSS

**have
empathy**

embrace people's
strengths and
weaknesses

be genuine

listen, reflect, act

be a good
role-model

think before you speak

be authentic

be kind and fair

value others

actively listen

**constantly
learn**

treat people the way you
want to be treated





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NHS Staff Survey



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**Thank you
to the 2,638 people who
completed their NHS Staff
Survey!**





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CSS leadership



CSS leadership team



Gareth Adams

Interim
Chief Executive



Zara Pain

Director of HR
and OD and
Deputy Chief
Executive



Kris Bailey

Interim
Director of
Nursing and
Healthcare
Professions



Alison Olivant

Interim Chief
Operating
Officer



Chris Evans

Director of
Finance



Charlotte Skitterall

Group Chief
Pharmacist



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Our clinical divisions



Pharmacy



**Imaging
(including
clinical
engineering)**



**Laboratory
medicine (including
infection prevention
control and tissue
viability)**



**Anaesthetics,
critical care and
perioperative
medicine**



**Allied health
professions**



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Updates



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National picture 2025/26



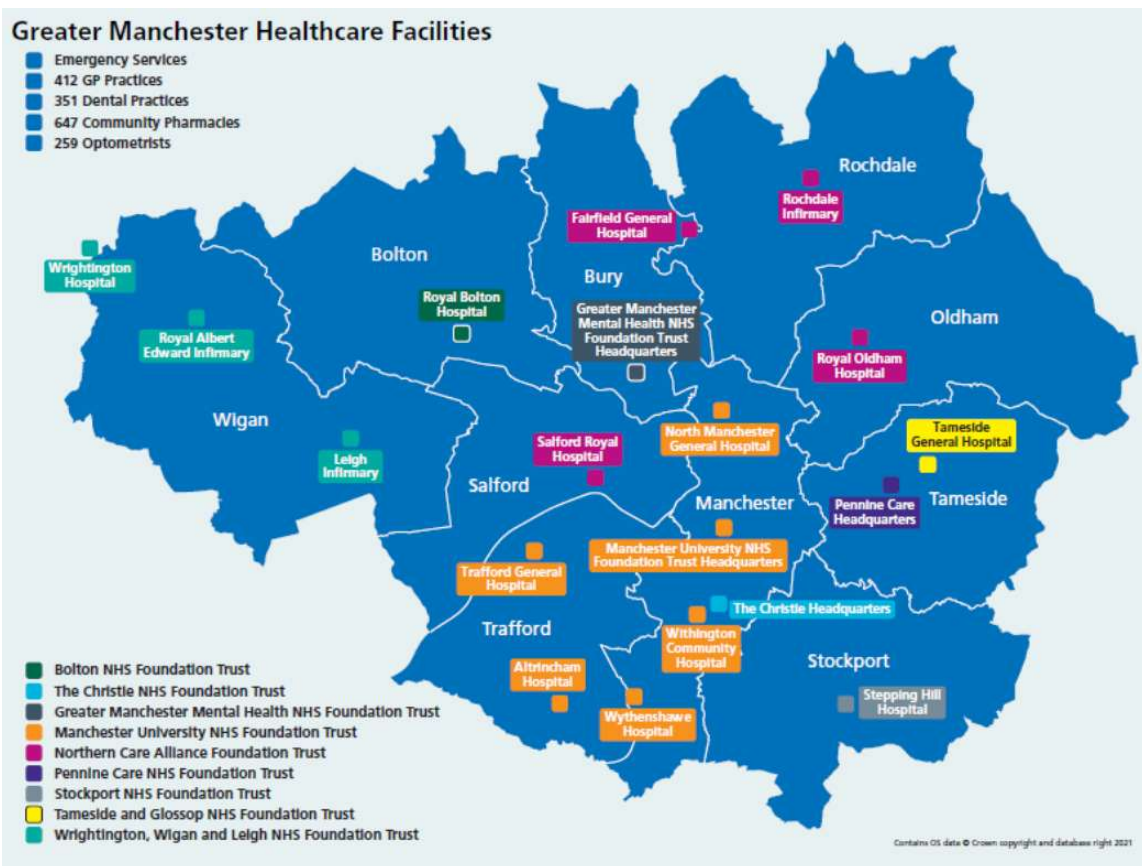


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Greater Manchester (GM) 2025/26





MFT leadership



Value for Patients Update





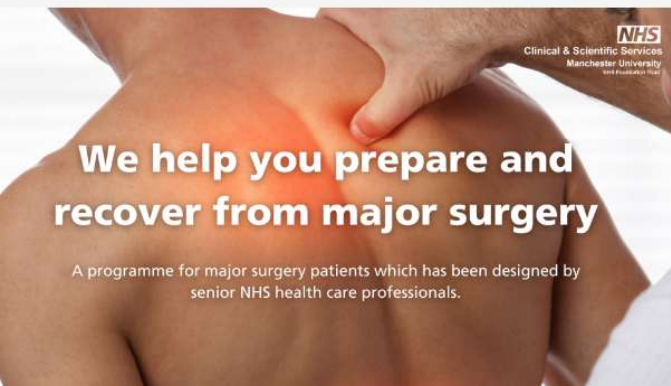
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CSS News



CSS News

Home Leadership CSS Team Brief Submit a story Civility Freedom to Speak Up Flexible Working



Surgery School Relaunch at MRI: Enhanced Recovery After Surgery Plus (ERAS+)



How are we doing? CSS News and CSS Team Brief



MFT Charity: Who we are and what we do
February 4, 2025



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Celebrations

Employee Appreciation Day 7 March

International Women's Day 8 March

Healthcare Science Week 10 to 16 March

Nutrition and Hydration Week 17 to 23 March

World Sleep Day 14 March

Ramadan 1/2 to 30/32 March



Shout Outs

Recognise your colleagues today

Sending a Shout Out is simple

Just select the category for your Shout Out, choose your deserving colleague, write a short message to go with it and press send.



Team Work



Support and Compassion



Vision and Values



Equity and Inclusion



Goals and Performance



Learning and Innovation





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MFT

single service

pre-operative care



Manchester University Hospitals Surgery School



What is Surgery School?

Surgery School is an opportunity for patients and their family to understand what to expect after major surgery. They will be shown how to prepare their body for their operation to make sure they have a successful and healthy recovery. They will be invited to attend a single session of Surgery School where they will be shown presentations about the following areas



- Training for major surgery
- What to expect after surgery including pain management.
- Optimising medication before and after surgery
- Recovery in hospital and at home



Surgery School Impact on Patients

Benefits of Surgery School



Reduced length of stay



Reduced postoperative pain

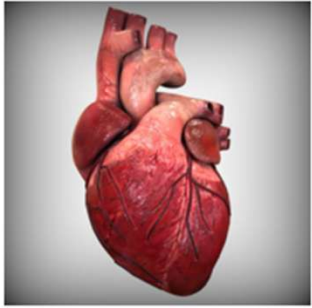


Quicker recovery



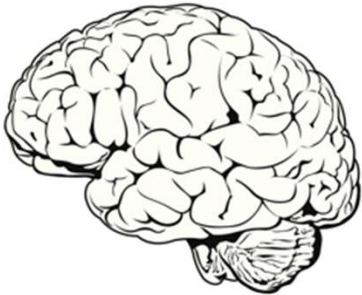
Reduced preoperative anxiety

Impact of Major Surgery



Immediate Reduced functional reserve

Peri-op cardiac event reduces cardiac function



Cognitive dysfunction
CVA

Acute Neuromuscular weakness



Longer term consequences

Persistent peri-operative inflammation accelerates cardiovascular atherosclerosis and plaque instability



Longer term cognitive dysfunction
CVA

Prolonged disability



Current progress and MFT offer




**Face to Face Surgery
School Session**

Preparing you


Activity and muscle strengthening

You are training for Surgery!



If your body is fitter you'll do better
If muscles are fitter you recover better
What activities do you like doing?

Time to get active



Dr Claire Moore
Consultant Anaesthetist

**Virtual Surgery School
Session**

**Surgery School
Video**



Plans for 2025 and beyond



Expanding

Expanding MRI face-to-face sessions and increasing referrals



Strengthening

Strengthening engagement with consultants and specialist nurses across the trust



Enhancing

Enhancing patient education materials and resources



Expanding

Expanding to NMGH and beyond



Collecting and utilising

Collecting and utilising patient feedback for continuous improvement





Get involved

- Put up surgery school posters
- Familiarise yourself with the referral process
- Help raise awareness
- Contact the team surgery.school@mft.nhs.uk



Benefits of Referring Your Major Surgery Patients to Surgery School

Your referrals make a difference! By referring patients to Surgery School, you equip them with essential tools to achieve better surgical outcomes, reduce risks, and recover faster.

Why Refer Your Major Surgery Patients?

- 1. Prepare for Surgery:** Patients gain the knowledge to physically and emotionally prepare for surgery.
- 2. Improve Recovery:** Learn proven techniques to enhance recovery and shorten hospital stays.
- 3. Reduce Complications:** Understand how lifestyle changes can lower risks, including reducing postoperative pulmonary complications.

Benefits

- Fewer Complications
- Shorter Hospital Stay
- Better Recovery Outcomes

What We Offer

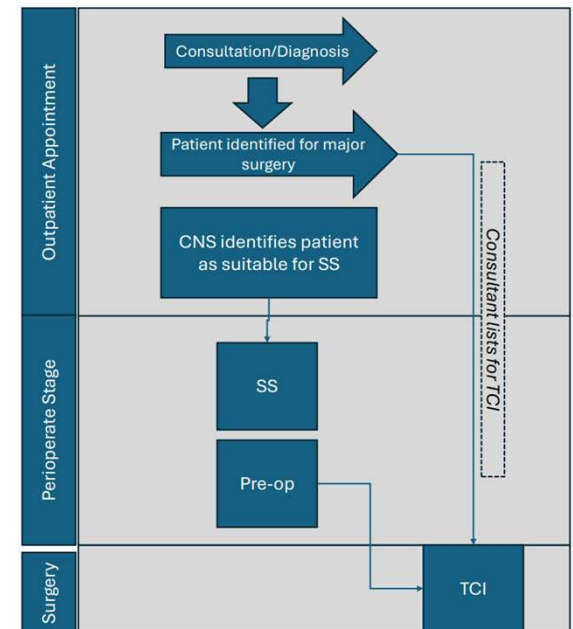
- Interactive Session: Virtual Clinic at Wythenshawe
- Face-to-Face Education Clinic at MRI
- Comprehensive Curriculum including DrEaMing, emotion well-being, exercise and hospital expectations

Join Us

Patients scheduled for major surgery along with a family member or friend can attend.

To get involved, contact the team at surgery.school@mft.nhs.uk

Referral Process For Surgery School





Covid Day of Reflection



COVID-19
**DAY OF
REFLECTION**
9 MARCH 2025

gov.uk/day-of-reflection





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Highlights



Gold Accreditation



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**Withington
Community
Hospital
Physiotherapy
team**



Gold Accreditation



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**North Manchester
General Hospital
Physiotherapy -
outpatients**



Gold Accreditation



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Audiology



Silver Accreditations



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**Trafford Occupational
Therapy/Physiotherapy
team - outpatients**



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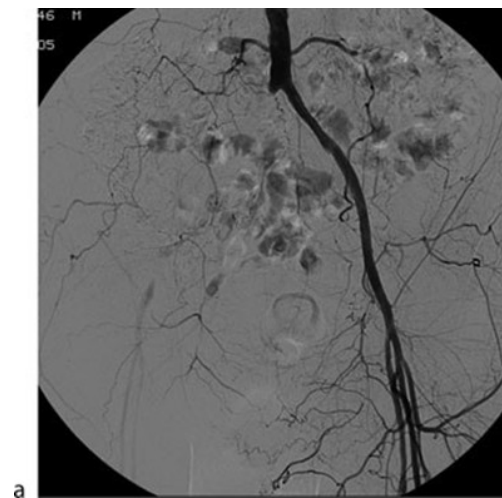
Team spotlight

Interventional Radiology (IR)



Interventional Radiology (IR)

Gillian Kitching – IR Divisional Modality Lead





What is Interventional Radiology?





KLS martin
GROUP

KLS martin
GROUP

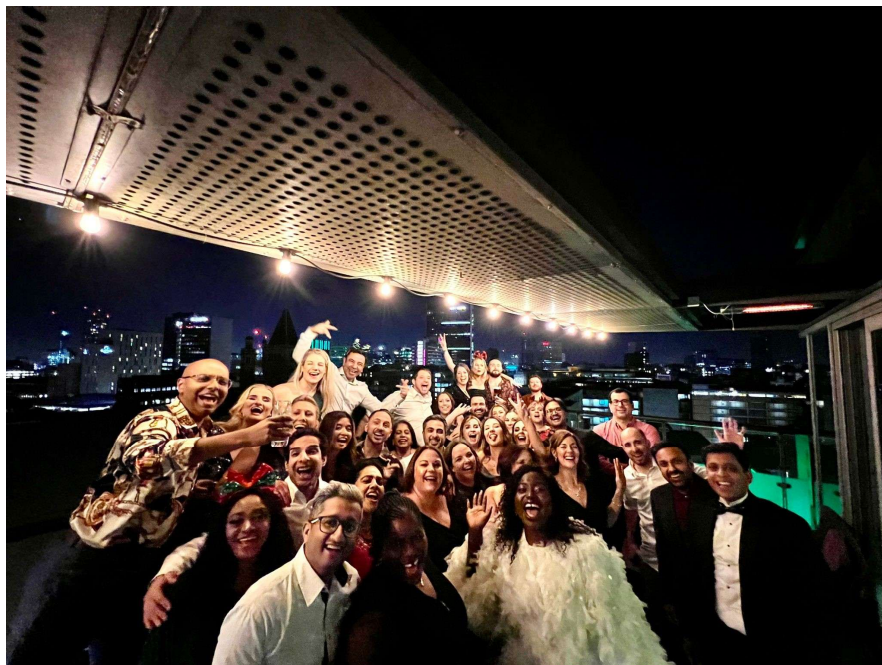
MAVIC

Discover





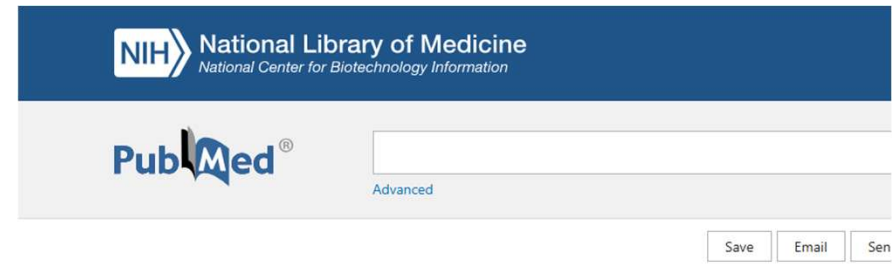
The Interventional Radiology team



- Multi-disciplinary team
- Radiologists
- IR Radiographers
- IR nurses
- IR CSW
- RDA
- Admin team
- Anaesthetists/ODP




Advanced practice




> *Radiography (Lond)*. 2020 May;26(2):163-166. doi: 10.1016/j.radi.2019.11.091. Epub 2019 Dec 10.

Initial single centre experiences of a radiographer advanced practitioner led nephrostomy exchange programme

 R Hoddes¹, A Hattab², A England²
Affiliations + expand
PMID: 32052766 DOI: 10.1016/j.radi.2019.11.091
[Access Options](#)




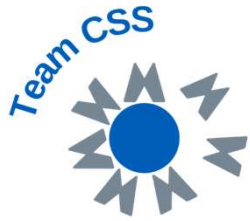
Enhanced and Advanced Practice in IR – how far have we come in 10 years?



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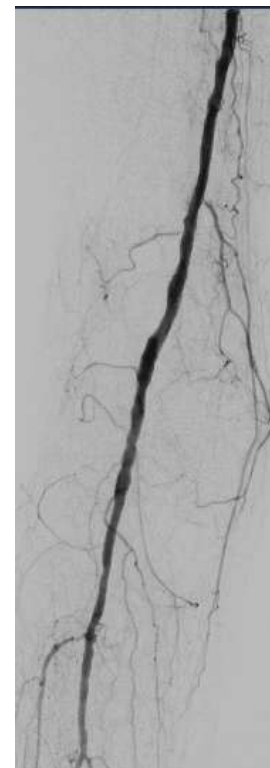
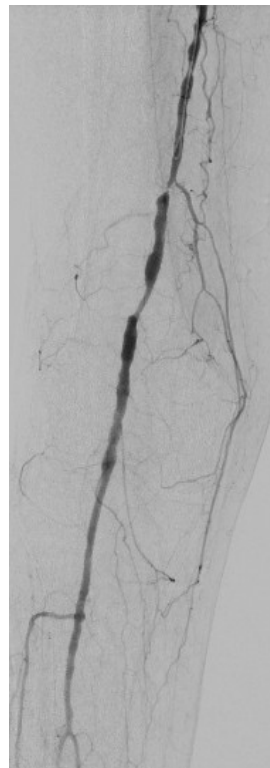
Gillian Kitching
Divisional Modality Lead for Interventional Radiology, Manchester Foundation Trust.
Radiology Clinical Advisor, NHSE
Getting it Right First Time.



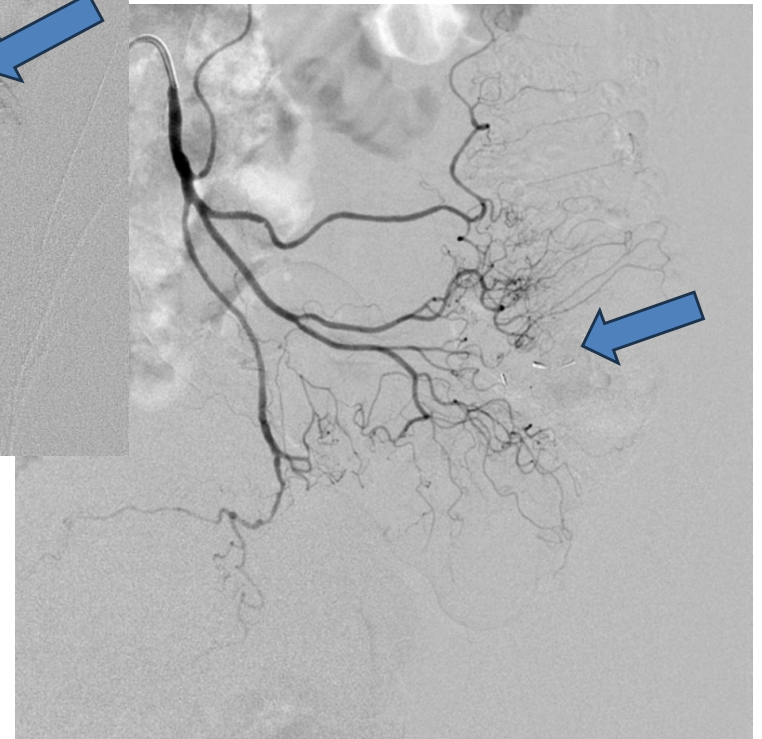
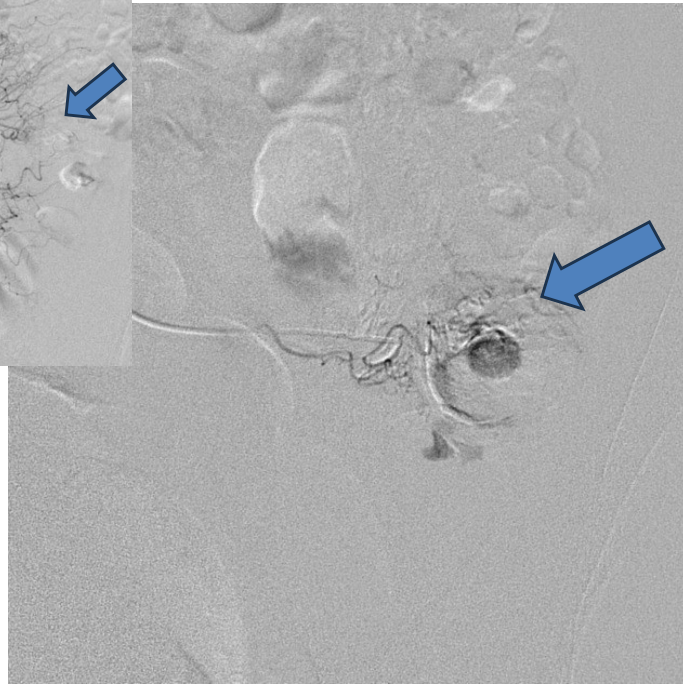
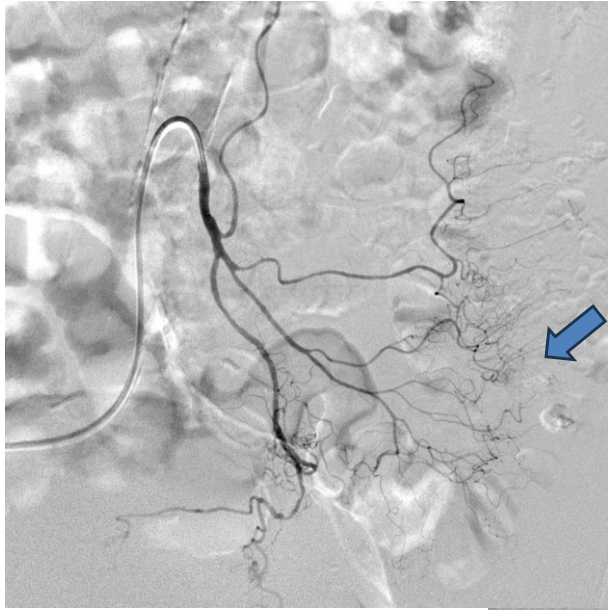


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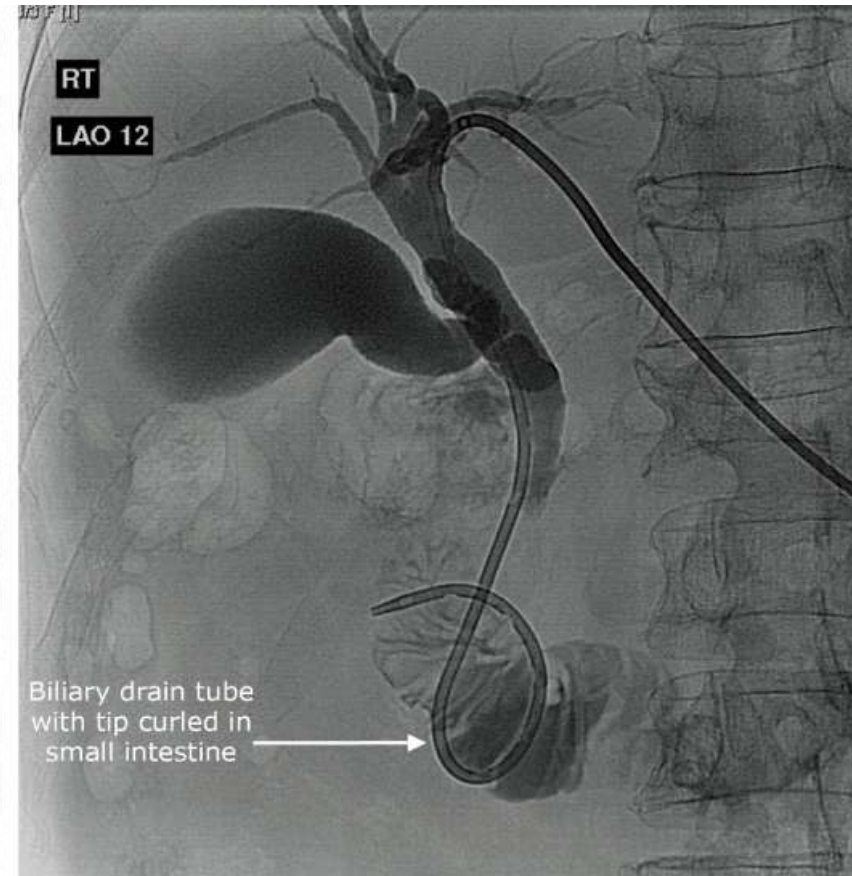
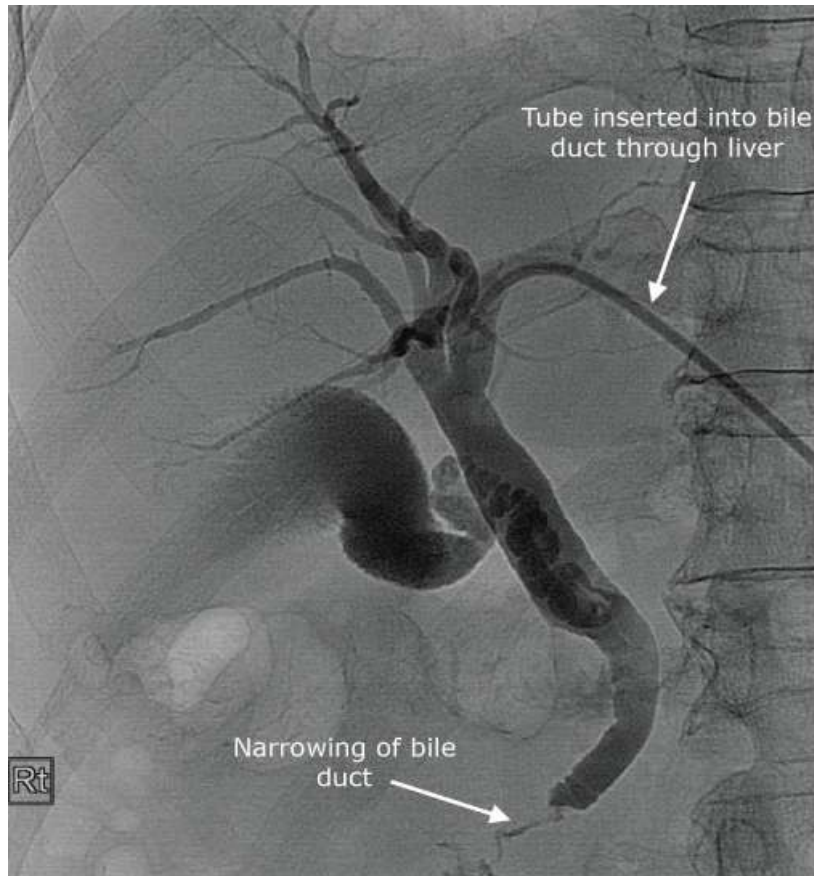
Lower limb angioplasty



Embolisation



Biliary drain insertion





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Thank you and any questions



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Nominate your health and care champions for Greater Manchester-wide awards

Greater Manchester
Health and Care

**CHAMPION
AWARDS 2025**



CSS STAR
AWARDS



COMING SOON !!!



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Shout Outs!



2330
Shout Outs
in 2024

493
Support &
compassion
2024

42
Support &
compassion
Feb 2025



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This month's theme



People Promise





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Questions – Menti





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