

MFT SUSTAINABILITY ADVOCATES

MONTHLY UPDATE



27th June 2025

National Events

Plastic Free July - is a global movement that helps millions of people be part of the solution to plastic pollution. [Plastic Free July](#) provides resources and ideas to help you reduce single-use plastic waste every day at home or work.

News and Updates

The [2025 MFT staff travel survey is now open](#).

The Sustainability Team use the results from this survey to help us understand staff travel patterns and build the case for improvements to travel infrastructure across Greater Manchester. It will also be used to help update our travel plans for each MFT site. **We ask that all advocates complete the survey and share it with your colleagues to complete.**

Calling all AHPs across the trust! This is a message from your MFT AHP Green & Sustainability leads, Fi and Zak. If you are interested in sustainability practice and would like to join our taskforce of over 60 like minded AHPs then all you have to do is to [fill out a quick form](#) so we can get you added to our team. The taskforce is a community where AHPs across the trust can share practice, network and connect, have project support for their ideas, have access to important information and resources all focused on implementing green practice in our local areas and within our professions. All of this is based on an interactive MS Teams channel, the taskforce holds regular informative meetings where AHPs attend from all corners of our organisation. Come and join us, we look forward to meeting you.

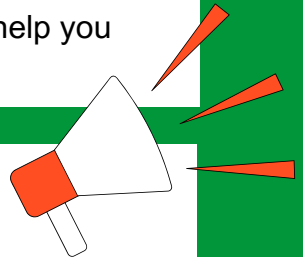
Articles

Global Climate Change News

- [Insects are dying: here are 25 easy and effective ways you can help protect them | Insects | The Guardian](#)
- [UK schools and offices not equipped for impact of global heating, report warns](#)

Sustainable Healthcare

- [Carbon emissions from clinical activities by speciality in secondary and tertiary care in England: an exploratory cross-sectional analysis of routine administrative data - ScienceDirect](#)
- [Is Public Health Environmentally Sustainable?](#)
- [Perspectives on connecting climate change and health](#)
- [An introduction to climate change for nurses](#)
- [Reducing harmful plastic on maternity wards: the Born Green Generation](#)



Resources

Research: [Deprescribing in structured medication reviews](#)

Guidance: [Empowering CKD Care Through Food – Practical Guidance for All](#)

Podcast: [Talking with your team about sustainability: sharing practice session](#)

Toolkit: [GM NHS Green Spaces and Biodiversity Toolkit](#)

Policy Report: [Clean air, healthy childhoods: Innovative clinical responses to environmental health inequalities](#)



Events and Training

Webinar: The Green Skills Gap: Are We Ready For Sustainable Change? [Join this session](#) on Tuesday 8th July (12:30-13:15) to hear from a panel of NHS Sustainability experts, ahead of the launch of Cohort 3 of the Sustainable Healthcare Academy later this Autumn.

Online event: Net Zero Week: How do we build a more sustainable NHS? On the 10th July, the NHS South East Region is [hosting a full-day virtual event](#) to celebrate the UK's official Net Zero Week which will showcase how Sustainability is being embedded across healthcare. Open to staff across the NHS, this national webinar will highlight just how broad and relevant Sustainability is.

Sustainability Advocates Induction Session: Welcome to all our new members and thank you for signing up to be a part of our network. We want to ensure all new sustainability advocates have knowledge and understanding about the role of the sustainability team and are aware of the ten areas of focus within MFT's Green Plan. Therefore, we are planning to repeat our Advocates induction session on **23rd July, 11-12pm**. This is an opportunity to meet other advocates, gain an insight into the carbon footprint of the NHS and learn about opportunities to be more involved and supported to address the effects of climate change on health. You should have received the calendar invite for this session but if you have not please find it attached in the email.

Case Study Inspiration

The Ophthalmology department at Maidstone and Tunbridge Wells NHS Trust has become the first in the world to change to reusable hemp hats for its theatre teams. Single-use surgical hats are widely used across the NHS but production and disposal of these hats contributes to carbon emissions. By making the switch, [this project](#), initiated by the Kent and Medway Integrated Care Board, is reducing waste and saving valuable NHS resources.



[Do your own Sustainable Quality Improvement project here.](#)

We would like to encourage readers to send any information, news stories or case studies to timetoact@mft.nhs.uk to share and celebrate through this update.

